



**MILL VALLEY SENIORS' CLUB NEWSLETTER & CALENDAR  
JANUARY & FEBRUARY 2015  
180 CAMINO ALTO  
MILL VALLEY, CA 94941  
415-383-1370**

**Presidents Message (Orville Gotcher, 388-7031) Happy New Year!**

Look for trouble and you're sure to find it. Look for trouble with people and their faults will suddenly take front and center place in your mind. Look for trouble in your life and you will meet a host of drama queens. Bored already, well! Look for goodness and you're sure to find it in this world. You will see more than you ever imagined, people helping people. Shine a light on the goodness in others and you'll delight in all the ways they add meaning, sparkle and love to your days. Look for the goodness in you-your gifts and talents, they are there, just look.

**Words of Wisdom: Think it more satisfactory to live richly than to die rich.**

**Seriously folks; what if I told you, you read the first line wrong.**

**That's all folks: The Captain**



**KCs' Message: (383-1370) Happy New Year!**

Thank you Mill Valley Seniors' Club, for the thoughtful and generous gift and all the good times we share throughout the year. Looking forward to 2015!

Our annual Holiday Luncheon at the Basque Center was outstanding. The Center provided yet another marvelous meal and warm holiday spirit prevailed among the partygoers. It was wonderful to have 'Father Christmas' greet us on our arrival. We all enjoyed the Merrie Old Christmas Carolers who had us singing and bringing in good cheers. Big thanks to Tia Smirnoff and the crafty crafters who made the 'snowmen candy favors', they added an extra special touch to our tables.

The Craft Fair on December 6<sup>th</sup> has come and gone, thanks to all the members who helped out for that day. We could not have had such a successful day without all the special club members who volunteered their time and dedication. Thank you all so much!

Our quarterly Birthday Valentine Luncheon will be on Feb. 10<sup>th</sup>. Please make your \$15 reservations with Glennis for an afternoon of celebration and good fun!

Interested in a round trip 'Snow Train' to Reno? The Novato Seniors' Club is planning this trip Tuesday Feb 17<sup>th</sup> – Thursday, Feb. 19<sup>th</sup> if interested, please contact the Margaret Todd Senior Center at 415-899-8290 for more information.

Are you a pinochle player and would love to get back into playing the game? Give a call let's get some games going at the Center.

**Trip Chair (Glennis FitzGerald, 383-5357) Reminder! The trip to the Cirque de Soleil is on Sunday, January 11<sup>th</sup>. We will be leaving the MV Community Center at 11:30am sharp!**

**Sunshine (Barbara Wallace, 388-2520) In the month of December a get-well was sent to: Judith Sorgen, hope you will be in tip-top shape real soon.**



**JANUARY 2015- Happy New Year!**



**Jan. 6<sup>th</sup> 10am BOARD MEETING/ Table & board games, socializing /11am Chair Yoga / Noon-sack lunch / 12:30 General meeting / 1pm BINGO!**

**Jan. 7<sup>th</sup> Wisdom Wednesday! Questions & Information about the iPad / iPhone 10am – 11am.**  
Space is limited register early. No drop ins. Course #32073 (see Winter Brochure for complete



**Jan. 11<sup>th</sup> Sunday Day Trip! Cirque de Soleil – Cabinet of Curiosities**  
**Depart MVCC at 11:30am / Return approx. 5:30pm**  
***(We will be joining the SR Goldenaires)***

**Jan. 13<sup>th</sup> 10am Table & board games, socializing / 11am Chair Yoga/ Noon – Soup-a-bration!**  
\$5 per person / 1pm BINGO!

**Jan. 14<sup>th</sup> Wisdom Wednesday! Fun Ways to Tie a Scarf with Pearl (10am-11am)**  
Come and find out creative ways of folding, knotting, twisting and tucking to turn those scarves into versatile wears. Be sure to bring your scarves!

**Jan. 19<sup>th</sup> Monday -Martin Luther King Day! MVCC & Aquatic & Fitness Closed!**

**Jan. 20<sup>th</sup> 10am Table & board games, socializing / 11am Chair Yoga/Noon – sack lunch & Trivia / 1pm BINGO! –**

***Tonight! Starduster Tuesday Dance! Come dance the night away at the Community Center in our elegant ballroom, 7:30pm – 9:30pm (\$8 per person)***

**Jan. 22<sup>nd</sup> (Thursday) 1am – 3pm ‘BOARD & CARD GAME SOCIAL’** enjoy an afternoon of playing board or card games with your friends in the Terrace room. Fondue and refreshments will be available. Register early to reserve your space! (\$5, register at MVCC) - course # 32071

**Jan. 27<sup>th</sup> 10am Table & board games, socializing / 11am Chair Yoga / Noon – sack lunch / 1pm BINGO!**

Movie Matinee for January – Showtime 1pm – Popcorn & refreshment  
January 1<sup>st</sup> Thursday - Happy New Year! MVCC & Aquatic & Fitness Closed  
January 8<sup>th</sup> Winter’s Tale w/ Colin Firth, Jessica Brown Findlay, Russell Crowe – Drama/Romance



**February 2015**



**Feb. 3<sup>rd</sup> 10am BOARD MEETING / Table & board games, socializing / 11am Chair Yoga / Noon-sack lunch / 12:30p General meeting / 1pm BINGO! (Last day to register for Birthday Luncheon)**

**Feb 10<sup>th</sup> Table & board games, socializing / 11am Chair Yoga/ Noon- Quarterly Birthdays & Valentine Luncheon Celebration (Jan, Feb & March members)**



**Feb. 16<sup>th</sup> Monday – President’s Day! MVCC /Aquatic & Fitness Center Closed**

**Feb. 17<sup>th</sup> Table & board games, socializing / 11am Chair Yoga / Noon – sack lunch / 1pm BINGO!**  
**Tonight! Starduster Tuesday Dance 7:30pm – 9:30pm**

**Feb. 24<sup>th</sup> Table & board games, socializing / 11am Chair Yoga / Noon–sack lunch / 1pm BINGO!**

**Tax Services 2014 It’s that time again...The Taxman cometh. Volunteer tax aides from AARP will be available to assist you in preparing your tax forms. The services is offered FREE to all, on a first come, first served basis.**

**Days: Tuesday & Thursdays / Time: 9:30am – 12:30pm / Dates: 2/3/15 – 4/14/15**