Aikido for Kids

This gentle and fun class emphasizes coordination development, mental focus and internal calmness.

Instructor: Al Loren - Mon. 8 classes, Wed. 10 classes

Age	Day	Dates	Time	Fee	Course #
3-4	M	1/11-3/21	2:30-3pm	$109	36200
3-4	W	1/13-3/23	2:30-3pm	$136	36201

Location: Community Center, Cascade Room
No class 1/18, 2/15, 3/14

Karate for Kids

Children learn a self-defense awareness. This class concentrates on flexibility, balance, reflexes and character. Both girls and boys are encouraged to participate in this fun and challenging program.

Instructor: Al Loren - Mon. 8 classes, Wed. 10 classes

Age	Day	Dates	Time	Fee	Course #
5-8	M	1/11-3/21	3:15-4pm	$109	36202
5-8	W	1/13-3/23	3:15-4pm	$136	36203

Location: Community Center, Cascade Room
No class 1/18, 2/15, 3/14

Karate for Kids II

Students will be exposed to martial arts movements and techniques consisting of punching, kicking, blocking, mental concentration and physical strengthening. This is a non-competitive environment where character development and self-esteem are emphasized.

Instructor: Al Loren. 8 classes

Age	Day	Dates	Time	Fee	Course #
9-12	M	1/11-3/21	4:15-5pm	$109	36204

Location: Community Center, Cascade Room
No class 1/18, 2/15, 3/14

Tiny Tappers

A fun, exciting, energetic tap dance class for tiny tappers, ages 4 and 5. We will learn basic, simple tap steps and a choreographed routine to perform at the last class. Each child will also create his/her own steps using props such as scarves, pompoms, balloons, hula hoops, etc.

Instructor: Carol Butler, 9 classes

Age	Day	Dates	Time	Fee	Course #
4-5	M	1/11-3/28	3:15-3:45pm	$109	336311

Location: Community Center, Dance/Fitness Room
No class 1/18, 2/15, 3/14

Tap Dance

Tap Dance is a fun filled, energetic and lively dance class. Children will learn basic tap steps and technique and develop a great sense of rhythm and timing in a lively, nurturing setting. The children will also have the opportunity to create their own tap steps. The class will culminate with a performance.

Instructor: Carol Butler, 9 classes

Age	Day	Dates	Time	Fee	Course #
5-12	M	1/11-3/28	3:45-4:30pm	$109	36310

Location: Community Center, Dance/Fitness Room
No class 1/18, 2/15, 3/14

fast feet

Kids Dance Brigade

With license to thrill, Kid Dance Brigade is an after school program showcasing the magic of the dance arts, hosted by Tom Mayock, known as Tiger during the Mill Valley Recreational Camps. Class with Tiger will consist of explorations of these dance genres: Contemporary, with Top 40 hits such as Dynamite by Taio Cruz, Firework by Katie Perry, Cultural dances such as The Morris Stick Dance, and Creative Movement explorations that develop kinetic movement skills. Tom Mayock's choreography for children has been televised on Evening Magazine, and has for 7 years been the Co-Artistic Director of the World Dance Festival, and The Classroom Connections Festival at Sun Valley. To know more, visit: www.tommayock.com

Instructor: Tom Mayock, 10 classes

Age	Day	Dates	Time	Fee	Course #
4-6	W	1/13-3/23	4:15-5:15pm	$147	36229

Location: Community Center, Mountain View Room
No class 2/17

Ballet classes are taught by experienced dance instructors Bridget Bartholome and Tom Mayock. Bridget and Tom bring their knowledge of dance and love of teaching to create energetic and fun classes where children learn and grow.

Pre-Ballet

Lively music and classical dance positions and steps introduce children to the art of ballet. Easy-to-follow stretching and dancing will lead to turned-out legs and balancing positions. This class will emphasize fun and the imagination while exposing children to the discipline of a good ballet foundation.

Instructor: Mon - 9 classes / Fri - 11 classes Tom Mayock
Tues - 9 classes Bridget Bartholome

Age	Day	Dates	Time	Fee	Course #
3-4	M	1/11-3/28	4:15-4:45pm	$124	36237
3-4	Tu	1/12-3/22	3-3:30pm	$124	36238
3-4	F	1/15-3/25	3:35-4:05pm	$137	36230

Location: Community Center, Dance/Fitness Room
No class 1/18, 1/19, 2/15, 2/16, 2/19, 3/14
Please wear ballet slippers and leotard to class.

Pre-Ballet Cont.

Keep on dancing! There is more fun and dance awaiting you in Pre-Ballet Continuing. This class is for the student who has already taken Pre-Ballet but is not ready for Basic Ballet. Please wear ballet slippers and leotard to class.

Instructor: Bridget Bartholome, 11 classes

Age	Day	Dates	Time	Fee	Course #
3-4	W	1/13-3/23	3-3:30pm	$137	36233

Location: Community Center, Dance/Fitness Room
No class 2/17.
Please wear ballet slippers and leotard to class.

Note for Ballet Classes

To create an optimum learning environment parents and siblings are asked to wait outside of the ballet classroom. Each session there will be opportunities for families to observe their child's class. These dates will be the first week, fourth week, seventh week and last week of classes.

Basic Ballet

This ballet class welcomes new students and experienced beginners who will practice foot and leg articulation, as well as arm positions at the barre. This training will be extended into center combinations and end with practicing leaps and turns. Please wear leotard, tights, and ballet slippers, ballet skirts are optional.

Instructor: Tues - 9 classes / Wed - 10 classes Bridget Bartholome. Fri., 10 classes Tom Mayock

Age	Day	Dates	Time	Fee	Course #
7-9	Tu	1/12-3/22	3:35-4:20pm	$124	36232
5-7	W	1/13-3/23	3:40-4:25pm	$137	36234
5-7	F	1/15-3/25	4:10-4:55pm	$137	36235

Location: Community Center, Dance/Fitness Room
No class 1/19, 2/16, 2/17, 2/19
Please wear leotard, tights, and ballet slippers, ballet skirts are optional.

composure

Continuing Ballet

This class is designed for the serious young ballet dancer who has experience with ballet and is now ready to pursue traditional barre and center work. We will focus on technique and alignment in addition to basic choreography.

Instructor: Bridget Bartholome, 10 classes

Age	Day	Dates	Time	Fee	Course #
10-13	Tu	1/12-3/22	4:25-5:10pm	$124	36236

Location: Community Center, Dance/Fitness Room
No class 1/19, 2/16
Please wear ballet slippers and leotard to class.

Playnastics

Children enjoy 30 minutes of jumping, romping and rolling with their adult companion and other children in their age group. The focus is on developing coordination through motor skills with a strong emphasis on socialization and group involvement. Katie uses balance beams, mats, bar, parachutes and more to help challenge your child's natural desire to explore movement. She also teaches adults how to help their children properly use gymnastics equipment safely and effectively.

Instructor: Katie Bartok, 10 classes

Age	Day	Dates	Time	Fee	Course #
1-2	Th	1/14-3/24	10:15-10:45am	$137	36195
1-2	Th	1/14-3/24	10:45-11:15am	$137	36197
2-3	Th	1/14-3/24	11:15-11:45am	$137	36196

Location: Community Center, Cascade Room
No class 2/18

Tumbling

Young gymnasts will learn fundamental gymnastic positions and basic tumbling skills and techniques as they stretch, jump and roll. This is a great class to develop strength, balance, flexiblity and coordination as well as help improve the participants' confidence, balance and muscle control. This class emphasizes social as well as physical development without parent participation. For student safety, please wear long hair tied back, no clothing with buttons, snaps, or rivets. Girls wear leotards.

Instructor: Katie Bartok, 10 classes

Age	Day	Dates	Time	Fee	Course #
3-4	Th	1/14-3/24	1-1:30pm	$137	36192
3-4	Th	1/14-3/24	1:30-2pm	$137	36191

Location: Community Center, Cascade Room
No class 2/18

flexibility

Gymnastics

Gymnasts will work on floor exercises, advanced tumbling techniques, vaulting and balance beams and, in the process, will improve their confidence, balance and muscle control. Note: For student safety, please wear long hair tied back, no clothing with buttons, snaps, or rivets. Girls wear leotards.

Instructor: Katie Bartok, 10 classes

Age	Day	Dates	Time	Fee	Course #
4-5	Th	1/14-3/24	2-2:45pm	$147	36193

Location: Community Center, Cascade Room
No class 2/18

NEW CLASS!

Ninja Circus

Everyone wants to be a ninja, but few classes exist to teach you how. We present Ninja Circus, a class for kids with an inner ninja just waiting to sneak out. We'll be adapting martial arts techniques from around the world to gain body awareness, self-control, and self-confidence. We'll play physical games designed to teach the ancient secrets of stealth and surprise, as well as partner games that enhance our reflexes and non-verbal communication skills. Master the art of poi spinning, juggling, and hula hooping while playing games and having a blast. Students in this class will sharpen their senses, strengthen their bodies, and learn skills they've only imagined. Let loose your inner ninja.

Instructor: Circus of Smiles, 10 classes

Age	Day	Dates	Time	Fee	Course #
8-11	W	1/13-3/23	4:15-5:15pm	$181	36240

Location: Community Center, Cascade Room
No class 2/17

Acrobatics

Turn a bad case of the wiggles into some serious skills! In this class, learn to amaze your audience with cartwheels, forward and backward rolls, handstands and more. Key stretching and strengthening exercised will also be taught, giving students a foundation in safety for all their active play. Each class consists of a warm-up,skill review, new skill instruction, cool down, and lots of FUN!!

Instructor: Circus of Smiles, 10 classes

Age	Day	Dates	Time	Fee	Course #
5-7	W	1/13-3/23	3:30-4:15pm	$181	36239

Location: Community Center, Cascade Room
No class 2/17

Making Things!

Students will be given the opportunity to investigate an idea or theme of their own choice (such as animals, cars, yourself, the world, the ocean, outer space, there are no limits!). We will investigate your topic thought a variety of materials including, paint, clay, sewing, building, and even animation (with a camera we can make movies of your design!) Using a topic to learn about art materials and art materials to discover a topic we will learn what it is like to really be artists in the world! Problem solvers! And with those skills we could design our world! students will end with finished work such as art objects, sculptures, paintings, models, sewn things, and a DVD of their animation.

Instructor: Julia Moore, 6 classes

Age	Day	Dates	Time	Fee	Course #
5-12	Tu	1/26-3/8	3:30-5:00pm	$181	36292

Location: Community Center, Mountain View Room
$35 material fee paid to instructor at first class.
No Class on 2/16

Brian Scott's Bay Area School of Magic

Learn the basics of magic and discover the real secrets of what makes a great magician! With 25 years of performing experience and working with children, Brian Scott offers his Bay Area School of Magic. Studies have shown that the art of magic helps students build key life skills like self-discipline, self-confidence and interpersonal abilities. That is why The Bay Area School of Magic course has specifically designed each lesson to teach a true trait of a magician - from respect and creativity to confidence and preparedness, just to name a few. In fact, it's best described as a life skills course camouflaged to look like magic lessons. Kids become so engrossed and entertained in learning the magic tricks that they don't realize they're acquiring skill benefits they'll reap for a lifetime. Every class features custom created props, Top Secret file folders for every child and even special bonus material the kids can unlock online with a secret code after each class.

Instructor: Brian Scott, 8 classes

Age	Day	Dates	Time	Fee	Course #
8-12	Tu	2/2-3/22	3:30-4:30pm	$241	36190

Location: Community Center, Forest Room
No Class on 2/17

Poekie Nook Sewing

Come make Poekies with Sophia! For 16 years, Poekies have introduced various hand-sewing techniques to children age 6-12. Starting with easy, beginning animals, students sew their way up to advanced Poekie animals. Children are free to choose their animals depending on experience and ability. This class is a good introduction into the world of Poekie Making, for a special low price. Wonder what a Poekie is? They're not just "stuffed animals," they inspire you to create your own world. For more details, visit http://poekienook.com Tea and snack served.

Instructor: Sophia Van der Harst, 6 classes

Age	Day	Dates	Time	Fee	Course #
6-12	M	1/25-3/7	3:30-5pm	$121	36373

Location: Poekie Nook, 238 East Blithedale Ave, Mill Valley.
No class 2/15

Rock Band

This rocking music performance group for beginning musicians is an afterschool version of our popular Camp Rockit! Students will learn to play simple pop and rock songs as a group and will perform for friends and family at the end of the session. Beginning musicians with six months to a year of experience in guitar, bass, drums, keyboards or vocals are encouraged to enroll.

Instructor: TBD, 10 classes

Age	Day	Dates	Time	Fee	Course #
10-14	W	1/13-3/23	4:30-6pm	$326	36097

Location: Community Center, TeenZone Lounge (Field View)
Students should bring a lined notebook, pen, pencil and eraser.
No Class on 2/17

focus

Beginning Guitar for Kids

Keeping the kids engaged and having fun playing guitar is the focus of this class. Through learning simple chords, melodies, and songs, students will be prepared to take their learning to the next level. Jason Fischer has been playing guitar for over 20 years, specializing in rock and folk music. His experience as a performer, recording artist, and Montessori school teacher aids his unique approach to teaching students of all ages and disciplines.

Instructor: Jason Fischer, 7 classes

Age	Day	Dates	Time	Fee	Course #
8-12	Tu	1/12-3/8	3:30-4:15pm	$176	36199

Location: Community Center, Manzanita Room
No Class on 2/16

Private Piano

This class offers 30 minute private piano lessons for beginners through advanced. The program introduces beginners to piano offering friendly, thorough instruction for all ages. Lessons are tailored to each student.

Instructor: Stephen Shen
Monday: 8 classes, Wednesday 10 classes

Age	Day	Dates	Time	Fee	Course #
5-13	M	1/11-3/21	4-4:30pm	$281	36245
5-13	M	1/11-3/21	4:30-5pm	$281	36246
5-13	M	1/11-3/21	5-5:30pm	$281	36247
5-13	W	1/13-3/23	4-4:30pm	$351	36241
5-13	W	1/13-3/23	4:30-5pm	$351	36242
5-13	W	1/13-3/23	5-5:30pm	$351	36243
5-13	W	1/13-3/23	5:30-6pm	$351	36244

Location: Community Center, Terrace Lounge Seating Area
No class 1/18, 2/15, 2/17, 3/14

NEW CLASS!

MiniSTAGE:
Join the cast of "Aladdin" with PAAM

Performing Arts Academy of Marin is proud to partner with Mill Valley Recreation to present *Aladdin!*

Adapted especially for our younger performers, the MiniSTAGE production allows 6 - 8 year olds the opportunity to create their very own musical. Set in Agrabah, City of Enchantment, Aladdin weaves the spectacular journey from street rat to Prince Ali. Complete with antics, adventures and brilliant characters, the production is sure to thrill and delight audiences. Each cast member receives a role and participates fully in the rehearsal process, from individual character development to crowd-pleasing song and dance numbers. Don't miss the opportunity to bring this beloved tale to life. Space is limited.

Place: Mill Valley Golf Clubhouse Theater
Ages: 6 - 8 years old
Production Fee: $375
Register: PAAM Studios (415) 887-8543 or
annie@paamarin.com

AUDITIONS
Placement auditions occur on the first day of rehearsal. All cast members are placed in a role, participating in character work, production numbers and scene work. For MiniSTAGE productions, actors receive 2-4 speaking lines plus group-focused ensemble opportunities.

REHEARSALS
Day/Time: Tuesdays, 3:30-4:30pm
Dates: 1/12-4/30
No Rehearsal: 1/19, 2/16, 4/12

Mandatory Tech Rehearsals:
Saturday April 23, 9:00-11:30am
Tuesday April 26, 3:30-6:00pm

PERFORMANCE
Saturday April 30th, 1:00pm (Actors called at 11:30am)

REFUND POLICY
No refunds will be given after the first rehearsal on 1/12

NEW CLASS!

JuniorSTAGE:
Join the cast of "Aladdin" with PAAM

Performing Arts Academy of Marin is proud to partner with Mill Valley Recreation to present *Aladdin!*

Set in Agrabah, City of Enchantment, Aladdin weaves the spectacular journey from street rat to Prince Ali. Complete with antics, adventures and brilliant characters, the production is sure to thrill and delight audiences. Each cast member receives a role and participates fully in the rehearsal process, from individual character development to crowd-pleasing song and dance numbers. Don't miss the opportunity to bring this beloved tale to life. Space is limited.

Place: Mill Valley Golf Clubhouse Theater
Ages: 8 - 14 years old
Production Fee: $450
Register: PAAM Studios (415) 887-8543 or
annie@paamarin.com

AUDITIONS
Placement auditions occur on the first day of rehearsal. All cast members are placed in a role, participating in character work, production numbers and scene work.

REHEARSALS
Day/Time: Thursdays, 3:30-6:00pm
Dates: 1/14-5/1
No Rehearsal: 2/18, 4/14

Mandatory Tech Rehearsals:
Saturday April 23, 12:00-6:00pm
Thursday April 28, 3:30-7:30pm

PERFORMANCES
Saturday April 30th, 7:00pm (Actors called at 5:00pm)
Sunday May 1st, 2:00pm (Actors called at 1:00pm)

REFUND POLICY
No refunds will be given after the first rehearsal on 1/14

BOYLE PARK TENNIS COURTS UNDER RENOVATION

Boyle Park Tennis Courts are currenlty under renovation. Many programs have been relocated to Tam High. Watch for Boyle Park Courts to re-open this Winter. For information and updates go to:

www.boyleparktennis.com
Chris Reiff 415-388-6523

or

www.millvalleycenter.org
MVCC 415-383-1370

Tennis Skills: Ages 5-8 & 9-11

These classes are for beginning and intermediate juniors. We will introduce and develop the fundamental skills needed to play and have fun playing the game of tennis. Drop-in $15, subject to availability

Instructor: Chris Reiff, 5 classes

Age	Day	Dates	Time	Fee	Course #
5-8	W	1/13-2/10	3:30-4:30pm	$66	36362
9-11	W	1/13-2/10	3:30-4:30pm	$66	36366
5-8	F	1/15-2/12	3:30-4:30pm	$66	36363
9-11	F	1/15-2/12	3:30-4:30pm	$66	36367
5-8	W	2/24-3/23	3:30-4:30pm	$66	36365
9-11	W	2/24-3/23	3:30-4:30pm	$66	36368
5-8	F	2/26-3/25	3:30-4:30pm	$66	36364
9-11	F	2/26-3/25	3:30-4:30pm	$66	36369

Location: Boyle Park, Tennis Courts Upper

Pee Wee Tennis

This class is designed to introduce kids to a sport that can be a source of exercise and enjoyment throughout their lives. The program will build motor skills which enhance their future tennis skills. Students must bring tennis racquets and wear tennis shoes. Classes are ongoing throughout the year.

Instructor: Chris Reiff, Joe Kells & Staff

Age	Day	Dates	Time	Fee
4-6	Sa	Begins 4/1	10-11am	$5 drop-in per class

Location: Boyle Park, Tennis Courts

Saturday Short Court - 10 & U Tennis

This is a wonderful program for kids ages 6-10. It helps them develop essential skills needed to play tennis and also fosters healthy and positive attitudes towards sports & competition. "Quick Start Tennis" offers a standardized progression of court size, racquet size and ball speed appropriate to age & skill level. Smaller courts, lighter and more manageable racquets and slower bouncing balls allow the kids to play right away and fall in love with this great sport for life.

Age	Day	Dates	Time	Fee
6-10	Sa	Ongoing	11am-12pm	$15

Location: Boyle Park, Tennis Courts

Junior League

Ages: 9-11 & 12-14

This is an opportunity for match play within a team format. Participants play singles and doubles matches against other Marin teams in the spirit of healthy competition. Matches are structured to pair players of equal ability. Team t-shirt provided. Days and times to be determined. Check with Chris at 415-388-6523 for more info.

Dates: March-May **Fee: TBA, Register in Spring**

volley

Mid Winter Break Tennis Camp

Three hours of instruction, games, conditioning exercises, and lots of fun. Children will learn stroke technique, hand-eye coordination, footwork, scoring and tennis etiquette. This is a fun active camp that promotes tennis as a game kids will enjoy for the rest of their lives. Activities will be informally grouped by age and ability. Refreshments will be provided. All participants will receive a Boyle Park Tennis t-shirt.

Instructor: Chris Reiff, 4 classes

Age	Day	Dates	Time	Fee	Course #
5-13	Tu-F	2/16-2/19	9:30a-12:30p	$125	36360
5-13	Tu-F	2/16-2/19	1-4pm	$125	36370
5-13	Tu-F	2/16-2/19	9:30a-4p	$237	36361

Location: Boyle Park, Tennis Courts Upper
Drop-In: 1/2 day - $35 per class if space is available.
Full day - $65 per class is space is available.
Must wear court shoes. Loaner racquets available at camp.
Extended Care available: 8:30-9:30am & 4-5pm. $5 per hour block; pay at time of drop-off.

Join us for the big
Ribbon Cutting Ceremony
in December!

Adult/Guardian Information (Please Print)	
Main Contact:	2nd Adult Name:
Home: Work: Cell:	Home: Work: Cell:
Address:	Address:
City, State, Zip:	City, State, Zip:
Email:	Email:

Mail to:
MVPR
180 Camino Alto
Mill Valley, CA
94941
Fax to:
(415) 383-1377

Participant Name	Birthdate (under 18)	Male/ Female	1st Choice Class Title / Dates	Course #	2nd Choice Class Title / Dates	Course #	Fee

☐ My Address/Info has recently changed

Scholarship Fund Donation Amount: _____

Total Fees: _____

Be sure to read and sign below: I hereby agree to indemnify and hold harmless the City of Mill Valley and its officers and employees from and against any and all liabilities for any injury which may be suffered by me or by my child arising out of or in any way connected with participation in the program noted above. In case of emergency, my child maybe treated by a qualified physician. I give permission to use mine or my child's photograph in Mill Valley Recreation brochures or publicity.

Signature: _____ **Date:** _____

Must sign to register.

☐ Please check here if you require special assistance to maximize your participation. You will be contacted.

REFUND POLICY
PLEASE READ BEFORE SIGNING.

You can register 24/7 at www.MillValleyCenter.org

PAY BY:
- o Cash
- o Check Payable to MVPR
- o MasterCard
- o Visa
- o Discover
- o Amex

Cardholder Name (as it appears on card): _____

Credit Card #: _____ Exp. Date: _____ V-Code: _____

Office Use Only	Fee Paid	Registrar	Date Processed	COA	Cash	Check #	Credit Card	Mill Valley Recreation Phone: **(415) 383-1370**