NEW!

ROCK @ THE REC! MUSIC PROGRAM



GROUP CLASSES

Group classes are a great way to learn a musical instrument, concepts and theory. While not for everyone, the group environment provides multiple benefits and opportunities to develop new friendships. Some students learn faster in a group setting and reap the rewards of peer support and being part of an ensemble. In a group environment, students are listening and becoming aware of what is going on around them, which is an essential aspect of musical development. Group classes can also be more interesting and playful while being less costly than individual private lessons. While most established musicians and instructors recommend a healthy balance of private lessons, group classes and performance experiences the group class is a positive and fun way to further a student's music education.

Enroll in a group music class today to get your groove on and make some new friends.

NEW! Teen Guitar I

This group class is especially tailored for young beginning guitarists with little or no experience on the instrument. Students will learn open chords, power chords, movable chords, single note (melody) playing, accompaniment techniques, and a variety of playing techniques and styles. The class also introduces music fundamentals, music theory, songs, performances, listening, improvising, as well as an overview of standard music notation and guitar tablature. In addition, students will be encouraged to attend performances, and participate in ensemble performances. *Instructor: TBA, 10 classes*

 Age
 Day
 Dates
 Time
 Fee
 Course #

 13-17
 Th
 3/13-5/22
 3:30-4:30pm
 \$226
 29794

Location: Community Center, Mountain View Room No Class 4/17

NEW! Teen Guitar II

Guitar II is for students who have completed Guitar I and/or have a few months of playing experience. Guitar II covers more songs and additional skills, including basic finger-picking. Going into Guitar II, students should be familiar with at least eight of the following chords: E, A, D, G, C, Em, Am, E7, A7, D7. Students should be fairly comfortable with syncopated strumming patterns and the bass note/after strum or boom-chuck technique. The class will review (or relearn) the basic chords, techniques and music theory covered in the Guitar I class. By the end of the class the student will have a repertoire of a half-dozen songs that he or she can play from beginning to end.

Instructor: TBA, 10 classes

 Age
 Day
 Dates
 Time
 Fee
 Course #

 13-17
 W
 6/11-8/13
 3:30-4:30pm
 \$226
 29835

Location: Community Center, Forest Room

NEW! Blues Guitar I

Blues Guitar Class focuses on the 12-bar blues harmony, basic rhythm, picking, and strumming technique, as well as the pentatonic and blues scales. You'll learn to incorporate some of the nuances of the masters into your playing - from doubling the bass over a shuffle in the style of Buddy Guy, to combining major and minor pentatonic scales in the style of B.B. King and T-Bone Walker. Whether you're trying to achieve a traditional blues sound, or add more depth and feel to any style of music, as Keith Richards said, "If you don't know the blues... there's no point in picking up the guitar and playing rock and roll."

Instructor: TBA, 10 classes

Age	Day	Dates	Time	Fee	Course #
18+	M	3/10-5/19	7:30-8:30pm	\$251	29796
18+	М	6/9-8/11	7:30-8:30pm	\$251	30537

Location: Community Center, Mountain View Room Students should bring their favorite acoustic guitar No Class 4/14

NEW! Adult Guitar I

This group class is for adult beginning guitarists with little or no experience on the instrument. Students will learn open chords, power chords, movable chords, single note (melody) playing, accompaniment techniques, and a variety of playing techniques and styles. The class also introduces music fundamentals, music theory, songs, performances, listening, improvising, as well as an overview of standard music notation and guitar tablature. In addition, students will be encouraged to attend performances, and participate in ensemble performances.

Instructor: TBA, 10 classes

Age	Day	Dates	Time	Fee	Course #
18+	M	3/10-5/19	6:30-7:30pm	\$251	29795
18+	M	6/9-8/11	6:30-7:30pm	\$251	30536

Location: Community Center, Mountain View Room Students should bring their favorite acoustic guitar No Class 4/14

NEW!

ROCK @ THE REC! DIGITAL SOUND STUDIO



CREATIVE LAB

Need a creative space with all the tools to help bring your musical projects and dreams to life? Our new state-of-the-art private lesson/music production room is now available for hourly rentals. Book time to practice, write, record, experiment, mix, master, podcast, video sync, etc...

Rent the room for \$20 per hour or \$30 per hour with a friend and have complete access to all this:

Apple - iMac Computer

27-inch, 3.2GHz, 16GB RAM, 1TB hard drive, Wireless Keyboard, Magic Trackpad, and 3TB Seagate External Hard Drive.

Focusrite - Scarlett 18i20 Audio Interface 18 inputs and 20 outputs, 8 Focusrite mic preamps

Roland - RD-300NX Stage Piano

SuperNATURAL Piano sound engine, 88 professional standard weighted keys, 200 internal sounds, one touch piano and electric piano.

Alesis - QS6.1 Synthesizer

64 Voice Expandable Synthesizer, 640 programs and 500 multitimbral mixes, 61 velocity sensitive keys

Native Instruments – MASCHINE Studio Groove Producer

The ultimate integrated hardware/software system for beat-making and professional production. MASCHINE is a groundbreaking instrument that combines a pattern-based sequencer, professional sampler, effects and an incredible sound library – united in a smooth, super-intuitive workflow.

Presonus - Eris E5 Monitor Speakers

Custom Music Production Workstation

Designed so everything is at your fingertips and ready to go.

Instruments

Growing selection of acoustic and electric guitars, basses, and other instruments

Software

 Pro Tools 11 – This fully loaded audio/ music-production powerhouse gives you the straightforward control and flexible production power that has made Pro Tools the DAW of choice for cutting-edge engineers for over two decades. includes amazing plug-ins, world-class virtual instruments, and a comprehensive toolset for media post production.

- Studio One 2.6 Studio One is an integrated approach to recording music, from tracking to mixing to mastering and distribution. It's a creative environment built for intuitive use, speed, and efficiency—and yet it's robust enough for the most complex productions.
- Logic Pro X Push your music as far as it can go. Logic Pro X is Apple's lastest version of it's flagship recording and music production software. A complete recording studio right on the Mac, Logic Pro gives musicians everything they need to go from first notes to final master.
- Reason 7.0 The legendary music production software studio. From start to finish, its everexpandable, freely routable rack of instruments, effects and sounds has everything you need to write, record, remix and produce great-sounding tracks.
- Spectronics: Omnisphere Power Synthesizer –
 Features a wide variety of hybrid realtime
 synthesis techniques, an epic 40+GB library of
 remarkable 'Psychoacoustic' sounds, and many
 innovative features that have never been seen
 before in any hardware or software synthesizer.
- Native Instruments: Komplete 9 Includes:
 Kontakt 5, Retro Machines, Battery 4, Absynth 5,
 FM8, Massive, Guitar Rig 5 Pro, Reaktor 5, Abbey
 Road 60s Drummer, Berlin Concert Grand, New
 York Concert Grand, Scarbee MM Bass, Scarbee
 A200, Scarbee Mark I, Scarbee Clavinet/Pianet,
 Studio Drummer, Upright Piano, Vienna Concert
 Grand, Vintage Organs, West Africa, Rammfire,
 Reflektor, Traktors 12, Transient Master, Reaktor
 Prism, Reaktor Spark, The Finger, Monark, The
 Giant, Solid EQ, Solid Bus Comp, Solid Dynamics,
 and Session Strings.
- Native Instruments Maschine 2.0 Flagship groove production software featuring 8+ GB sound library.

To book the Creative Lab, email kmarlatt@cityofmillvalley.org

Creative Cupcakes!

Have fun while creating awesome looking cupcakes! With a different theme each week, your child will learn decorating tips while making unique and irresistibly cute designs using frosting, fondant, sprinkles and more. Session one themes are: basic filling and decorating, safari animals and flowers. Session two themes are: little monsters, Mother's Day and at the beach. Everyone gets to take home their yummy creations and all materials are provided.

Instructor: Lisa Donahue, 3 classes

Age	Day	Dates	Time	Fee	Course #
6-8	Sa	3/22-4/5	9:30-10:15am	\$91	30209
9-12	Sa	3/22-4/5	10:30-11:45am	\$106	30210
6-8	Sa	5/3-5/17	9:30-10:15am	\$91	30211
9-12	Sa	5/3-5/17	10:30-11:45am	\$106	30212

Location: Community Center, Terrace Lounge

Poekie Nook Spring Sewing Class

Come make Poekies with Sophia! For 15 years, Poekies have introduced various hand-sewing techniques to children age 6-12. Starting with easy, beginning animals, students sew their way up to advanced Poekie animals. Each spring class will cover a theme with animals related to it. Students are free to choose their animals depending on experience and ability. Wonder what a Poekie is? They're not just 'stuffed animals,' they inspire you to create your own world. See Summer Camp section for more details, and http:// poekienook.com . Tea and snack served.

Instructor: Sophia van der Harst, 6 classes

Age	Day	Dates	Time	Fee	Course #					
In & A	In & Around the House									
6-12	Tu	3/11-4/22	3:30-5:30pm	\$141	29836					
Every	thing th	at Flies								
6-12	Th	3/13-4/24	3:30-5:30pm	\$141	29852					
Water	Lovers									
6-12	Tu	4/29-6/3	3:30-5:30pm	\$141	29837					
From	Exotic L	.ands*								
6-12	Th	5/1-6/5	3:30-5:30pm	\$141	29853					

Location: Community Center Room

\$20 material fee paid to instructor on first day of class.

No class 4/15, 4/17

*From Exotic Lands is for experienced Poekie makers only.

create

Babysitting Course

This babysitter completion class covers the fundamentals of childcare including starting your business; before the parents leave; play time; taming the tots; we shake rattles, not babies; handling telephone calls; when a stranger knocks; handwashing; water hazards; infant and child feeding; diapering procedures; infant sleep-time; providing emergency care, including CPR/choking and First Aid. Participants receive a Babysitter's Training Certificate.

Instructor: Carole Gathman, 1 class

Age	Day	Dates	Time	Fee	Course #
11-16	Sa	3/8	9am-1pm	\$84	28549
11-16	Sa	5/10	9am-1pm	\$84	30074
11-16	Sa	7/19	9am-1pm	\$84	30075

Location: Community Center, Terrace Lounge

The Protocol Academy: **Etiquette Essentials**

Get Your Etiquette On! Tweens and Teens are invited to join the manners fun with The Protocol Academy's Tween/ Teen Etiquette and Dining Essentials Program. It's a relaxed, fun-filled, highly participatory environment with their peers. Valuable life skills in courtesy and graciousness for today's current world will be learned and practiced. The five-week programs includes: Meet, Greet & Conversation Essentials; Personal Communication Cues and Tactics; Skillful Conversation; Active Listening; Family Politeness; Teen Party Behavior and Etiquette; Wardrobe Considerations; and Social Media/Cyber Etiquette. In addition the program features hands-on dining skills such as: Informal Place Settings; Formal Dining Place Settings; Dining Styles; Napkin, Linen & Utensil Protocol; along with Situational Dining Manners & Tips for Home and Away. Presented by Daily

Instructor: Angie Allison, 5 classes

Age	Day	Dates	Time	Fee	Course #
12-16	Tu	3/18-4/22	3:30-5pm	\$151	30196

Location: Community Center, Forest Room

No class 4/15



Teen Tennis Skills Class

Instructor: Chris Reiff

Age Day Dates Time Fee

13-18 T, Th Mar – Nov 5pm \$13 drop-in per class \$96 / 8-class card

Location: Boyle Park, Tennis Courts



Tennis Skills Class

These classes are for beginning and intermediate juniors. We will introduce and develop the fundamental skills needed to play and have fun playing the game of tennis. 4 classes. Drop-in \$15, subject to availability

Instructor: Chris Reiff, 5 classes

Age	Day	Dates	Time	Fee	Course #
5-9	W	3/26-4/30	3:30-4:30pm	\$65	30117
5-9	W	5/7-6/4	3:30-4:30pm	\$65	30118
9-12	F	3/28-5/2	3:30-4:30pm	\$65	30120
9-12	F	5/9-6/6	3:30-4:30pm	\$65	30121

Location: Boyle Park, Tennis Courts

No class 4/16, 4/18

Pee Wee Tennis

This class is designed to introduce kids to a sport that can be a source of exercise and enjoyment throughout their lives. The program will build motor skills which enhance their future tennis skills. Students must bring tennis racquets and wear tennis shoes. Classes are ongoing throughout the year.

Instructor: Chris Reiff, Joe Kells & Staff

Age	Day	Dates	Time	Fee
4-6	Sa	Begins 4/1	10-11am	\$5 drop-in per class

Location: Boyle Park, Tennis Courts

Saturday Short Court Tennis

This is a wonderful program for kids who are 10 and under. It helps them develop essential physical skills before they reach adolescence and also fosters healthy and positive attitudes towards sports and competition. "Quick Start Tennis" offers a standardized progression of court size, racquet size and ball speed appropriate to the age, skill level and physical characteristics of the kids on court. Smaller courts, lighter and more manageable racquets and slower bouncing balls allow the kids to play right away and fall in love with this great sport for life. For details on Quick Start Tennis visit: www.quickstarttennis.com.

Instructor: Chris Reiff

 Age
 Day
 Dates
 Time
 Fee

 6-10
 Sa*
 Apr-Nov
 11a-12:30p
 \$20

* - First Saturday of Each Month Location: Boyle Park, Tennis Courts

Tennis shoes required. Loaner racquets are available.

MATCH PLAY

Here we get to "play the game!"
Players should possess basic tennis skills.
Instructor: Chris Reiff & Staff
Location: Boyle Park Tennis Courts

Junior League

Ages: 9-11 & 12-14

This is an opportunity for match play within a team format. Participants play singles and doubles matches against other Marin teams in the spirit of healthy competition. Matches are structured to pair players of equal ability. Team t-shirt provided. Days and times to be determined. Check with Chris at 388-6523 for more info.

Dates: March-May Fee: TBA, Register in Spring

Junior Tour

Ages: 9-14

The Jr. Tour is a self scheduling round robin singles tournament. This is not an elimination tournament. Participants have 8 weeks to complete approximately 7 matches. Matches may be scheduled at any time. Groups will be divided by age and ability. T-shirt provided. Trophies will be awarded. Contact Chris at 388-6523 for information and entry form.

Dates: TBA. Go to www.boyleparktennis.com

Deadline: TBA Fee: \$20



SPECIALTY CAMPS



NEW! My Stage - Rock Camp For Girls

This camp is specifically geared towards girls going into Grades 5-8 (Fall 2014) who want to learn to rock. Campers will learn to play simple pop and rock songs and perform at the end of the week. Some musical experience is helpful, but is not a requirement – girls will learn to play parts at whatever level of musicianship they bring with them.

Instructor: TBA, 5 classes

 Age
 Day
 Dates
 Time
 Fee
 Course #

 8-13
 M-F
 6/23-6/27
 10a-3p
 \$551
 29797

Location: Ring Mtn School, Multi Purpose Rm End of camp performance Friday evening

NEW! Camp Rockit!

This is a rocking music performance camp for beginning musicians going into Grades 5-8 (Fall 2014) who have some previous instruction. Six months of lessons on an instrument is recommended. Activities include trying different instruments, playing easy songs, songwriting, singing, jamming and other musical games! Drum circles help kids get in the groove, singing teaches ear-training and performance skills, and basic keyboard and guitar classes get everyone playing in a band.

Instructor: TBA, 5 classes

 Age
 Day
 Dates
 Time
 Fee
 Course #

 10-14
 M-F
 7/14-7/18
 10a-3p
 \$551
 29798

Location: Ring Mtn School, Multi Purpose Rm End of camp performance Friday evening

NEW! Rock Academy

This is a rocking music performance camp for intermediate musicians going into Grades 8-11 (Fall 2014) who have significant previous instruction. One year of lessons on an instrument is recommended. Repertoire is selected by the group, which rehearses every day. A typical day includes group lessons in the morning, a lunchtime jam with staff, and band rehearsals in the afternoon.

Instructor: TBA, 5 classes

 Age
 Day
 Dates
 Time
 Fee
 Course #

 14-17
 M-F
 8/4-8/8
 10a-3p
 \$551
 29799

Location: Ring Mtn School, Multi Purpose Rm End of camp performance Friday evening

Poekie Nook Summer Sewing Camp

Come make Poekies with Sophia! For 15 years, Poekies have introduced various hand-sewing techniques to children age 6-12. Starting with easy, beginning animals, students sew their way up to advanced Poekie animals. During summer camps, three weeklong themes with related animals are offered. All classes beginning/advanced. Students are free to choose their animals, depending on experience and ability. Wonder what a Poekie is? They're not just 'stuffed animals,' they inspire you to create your own world. Weeklong camps will include three days of making Poekies and two days of creating houses, scenes and accessories for them, using fabric, cardboard, beads, etc. Tea and snack served. Bring a lunch.

Instructor: Sophia van der Harst, 5 classes

Age	Day	Dates	Time	Fee	Course #					
On the Farm										
6-12	M-F	7/28-8/1	9:30a-4p	\$296	29855					
Everyt	thing th	at Flies								
6-12	M-F	8/4-8/8	9:30a-4p	\$296	29856					
In & A	round '	the House								
6-12	M-F	8/11-8/15	9:30a-4p	\$296	29857					

Fee: Before May 1, \$296. Starting May 1, \$325. Location: Community Center Classroom Bring lunch. \$25 material fee paid to instructor on first day

of camp. Extended care available, see page 29.



LEEN ZONE at the Mill Valley Community Center

SPRING / SUMMER HOURS:

Mon 2:25-6pm, Tu & Th 3-6pm, Wed 1:25-6pm, Fri 2:25-5pm, Sat & Sun CLOSED CLOSED: 4/14-4/18, 5/26 LAST DAY OF TEEN ZONE: 6/17

Youth Justice League

Be a part of Mill Valley's Youth Justice League & make your voice heard! Collaborate with peers at the Teen Zone to influence program policies, rules and activities, as well as discuss current events and teen trends. Meetings will take place during Teen Zone programming hours. Our motto is, "The teens have spoken."

NEW! Whole Foods at Teen Zone

Come check out the new and improved snack bar and cooking projects! Teen Zone has partnered with Whole Foods to bring healthier options to Teen Zone participants.

NEW! Fun Fitness Spring Edition

You are never too young to start a healthy lifestyle - fun and variety are the key ingredients to getting teens to care about fitness. This Spring participate in our Fun Fitness Friday activities! Go swimming, do some yoga, or challenge yourself in a pilates class just for teens. Also, don't miss out on our new hip hop dance classes offered every Friday from 4:15pm-5:15pm in the Dance Studio. You must be a member of Teen Zone to participate in these activities.

Teen Service Leaders

Interested in being recognized as a Teen Service Leader? Need community service hours? Then this is a great opportunity for you! Gain valuable work experience, give back to the community, and develop leadership skills. Volunteers will assist the Teen Coordinator and Teen Zone Staff at Special Events and during Teen Zone activities. Email abricca@cityofmillvalley.org for more information on how to get involved.

Relay for Life - TEAM TEEN ZONE

Become a member of Team Teen Zone and help raise money for the American Cancer Society. Relay for Life Mill Valley is an organized, overnight community fundraising walk held at the Mill Valley Community Center. Join other Teen Zone members in honoring cancer survivors, remembering loved ones lost, and fighting back against a disease that affects so many. Email abricca@cityofmillvalley.org for more information.

DAILY ACTIVITIES SPECIAL EVENTS SNACK BAR BIRTHDAY BASHES COOKING **DODGEBALL CLUB ARTS N' CRAFTS** THEATER CLUB **FLICKS VIDEO GAMES AIR HOCKEY POOL TABLE COMPUTERS**

MEMBERSHIP PASS

Usage of the Zone requires an annual school year pass. The membership pass provides unlimited use of the Teen Zone along with discounts on Teen programs & excursions. Teens receive a membership ID card with the purchase of the pass. Passes cost \$20 & can be purchased at any time during the school year.

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NEW! Zipline Into Springtime

Join us as we soar through the redwoods and zipline into springtime! This outdoor adventure experience teaches teens to take healthy risks, encourage their peers, and step out of their comfort zone. You will not want to miss out on this Saturday event. There are only 6 spots, so sign up early! *Must weigh at least 70 lbs.

Instructor: Teen Zone Staff

Age	Day	Dates	Time	Fee	Course #
11-14	Sa	3/29	9a-4p	\$80	30320

Location: Meet @ Community Center Sonoma Canopy Tours, Occidental, CA

Friday Flicks at the Theater

We are off to see the new Captain America movie in theaters! Spots are limited, so please sign up early. This film is reated PG-13. Final date & time are subject to change.

Instructor: Teen Zone Staff

Age	Day	Dates	Time	Fee	Course #
11-14	F	4/4	6-9pm	\$15	30321

Location: Meet @ Community Center

Local Movie Theater

End of School Pool Party

Come count down the last month of school at the Teen Zone's End of Year Pool Party. We will swim, get airbrush tatoos, eat pizza and make smores on the patio. Any middle school student is welcome. This is a private pool event, advanced registration is recommended.

Instructor: Teen Zone Staff

Age	Day	Dates	Time	Fee	Course #
11-14	F	5/16	7-9:30pm	\$20	30322

Location: Community Center, Swimming Pool Area

NEW! Guitar for Teens I

This group class is especially tailored for young beginning guitarists with little or no experience on the instrument. Students will learn open chords, power chords, movable chords, single note (melody) playing, accompaniment techniques, and a variety of playing techniques and styles. The class also introduces music fundamentals, music theory, songs, performances, listening, improvising, as well as an overview of standard music notation and guitar tablature. In addition, students will be encouraged to attend performances, and participate in ensemble performances. *Instructor: TBA, 10 classes*

 Age
 Day
 Dates
 Time
 Fee
 Course #

 13-17
 Th
 3/13-5/22
 3:30-4:30pm
 \$226
 29794

Location: Community Center, Mountain View Room No Class 4/17



Guitar II is for students who have completed Guitar I and/or have a few months of playing experience. Guitar II covers more songs and additional skills, including basic finger-picking. Going into Guitar II, students should be familiar with at least eight of the following chords: E, A, D, G, C, Em, Am, E7, A7, D7. Students should be fairly comfortable with syncopated strumming patterns and the bass note/after strum or boom-chuck technique. The class will review (or relearn) the basic chords, techniques and music theory covered in the Guitar I class. By the end of the class the student will have a repertoire of a half-dozen songs that he or she can play from beginning to end.

Instructor: TBA, 10 classes

Age	Day	Dates	Time	Fee	Course #
13-17	W	6/11-8/13	3:30-4:30pm	\$226	29835

Location: Community Center, Forest Room

SUMMER JOBS DAY CAMP COUNSELORS

Ages: 16 & up

Summer jobs are available for persons who enjoy, and have experience (paid or volunteer) working with children. Recreation leaders provide leadership and supervision for children 5 to 12 years old at day camp, playgrounds and field trip activities. This position offers 20 to 40 hours of work per week and runs from June 23rd to August 15th, with mandatory in-service training in June. Pay depends on experience. Full-time and part-time positions are available. Interested persons can pick up applications at the Mill Valley Community Center, 180 Camino Alto, or call 383-1370. Applications will be accepted until available positions are filled.





Counselor In Training

For students 13 to 15 years of age, we are offering an opportunity to participate in our camps by providing a Counselor In Training program. CITs get work experience by assisting camp staff in the supervision of campers, with set-up and clean-up of activities, and share in the excitement and enthusiasm of the camp program. CITs attend all field trips and receive a CIT shirt. All CITs are required to commit to a minimum of two consecutive weeks, fill out an application, attend an interview, and a mandatory training workshop Wednesday, June 4th, 3:30-6pm and pay a \$80 registration fee. Participants need to be committed to the program and available every day of the session. Space in each session is limited. Due to the high demand for this program, participants may only register for one session. Registrations for all sessions must be received by Friday, May 30.

Age	Day	Dates	Time	Fee	Course #
13-15	M-F	6/23-7/3*	9:30a-4p	\$80	30223
13-15	M-F	7/7-7/18	9:30a-4p	\$80	30224
13-15	M-F	7/21-8/1	9:30a-4p	\$80	30225
13-15	M-F	8/4-8/15	9:30a-4p	\$80	30226

Location: Community Center

MANDATORY Training Day is Wednesday, June 4th, 3:30-6pm Participant may only register for 1 session FEE is NON-REFUNDABLE after 6/3/14.

^{*}No camp/CIT on 7/4



ROAD WARRIORS

Sign up for these weekday camps just for teens. Road Warriors offers daily field trips to exciting locations all over the Bay Area. Spend time with friends, try new things and get out of the house this summer! All three sessions of Road Warriors are themed, offering a variety of experiences each week. Camp meets at 9:00am in the Community Center Lobby. From there we will travel by van to our destination and return to the Community Center by 4:00pm. A daily camp itinerary with planned activities will be made available a few weeks before the camp. Laughter and good times guaranteed. Space is limited; first-come first-serve.

NEW! Session 1: Wild West

During this week of Road Warriors we're going to the Wild, Wild West. Examples of activities include: an adventure on the Russian River, geocaching in Bodega Bay, an archery lesson, Safari West, and more (itinerary subject to change).

Age	Day	Dates	Time	Fee	Course #
10-14	M-F	6/23-6/27	9a-4p	\$409	30323

Session 2: All Ball

All Ball is a sport-themed week that is sure to get you pumped up. Examples of activities include: A's vs. Giants game, Dodgeball at House of Air, Paintball, bowling, Six Flags and more (itinerary subject to change).

Age	Day	Dates	Time	Fee	Course #
10-14	M-F	7/7-7/11	9a-4p	\$409	30324

Session 3: High Flyin'

High Flyin' week will include a diverse array of experiences to make the heart soar. Examples include: I-fly indoor sky-diving, a trapeeze lesson, zip-lining and more (itinerary subject to change).

Age	Day	Dates	Time	Fee	Course #
10-14	M-F	7/21-7/25	9a-4p	\$409	30325

EXTREME Road Warriors

Calling all extreme thrill seekers for the ultimate Road Warriors experience! Don't miss the fun and intensity of this one-week camp! This camp combines the most heart-pounding, thrill-giving activities of previous weeks (and maybe a few new ones!) into one camp. Examples of activities include: extreme go-karting, extreme lazer tag, Six Flags Discovery Kingdom and more (itinerary subject to change).

Age	Day	Dates	Time	Fee	Course #
10-14	M-F	8/4-8/8	9a-4p	\$485	30326

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Summer Service Leaders Camp

Make friends, build leadership skills, and make a difference in the community! Summer Service Leaders will partner with local non-profit agencies and be involved in a week of exciting service projects. Have fun while learning how your talents can be used to impact the community. On the last day of camp leaders will be rewarded for their hard work by spending the day at Six Flags Discovery Kingdom. Camp meets at 9am in the Community Center Lobby. From there we will travel by van to our service project and return to the Community Center by 4pm.

Age	Day	Dates	Time	Fee	Course #
10-14	M-F	7/14-7/18	9a-4p	\$300	30328

California Outdoor Adventures

Explore the beautiful outdoors in the Bay Area during a week of outdoor recreation activities. Go sailing on Lake Merced, paddle boarding and kayaking in Tomales Bay, soak up the sun during a picnic at Stinson Beach, and more. Have fun while appreciating the beauty of the outdoors. Space is limited; first-come first-serve; full camp needed or activities may change.

Age	Day	Dates	Time	Fee	Course #
10-14	M-F	7/28-8/2	9-12am	\$409	30327

Junior Lifesaver Academy

Learn how to become an extreme Red Cross hero! This day camp is an action packed adventure where you will learn skills that can help save lives. In addition to practicing your skills and developing a diverse lifesaving background, camp will be filled with fun and games such as arts & crafts, sports and games. At the end of 2 weeks you will be certified through the ARC in Basic First Aid, CPR for Adults, Children & Infants and Babysitters Training. You will also experience the high energy and fun ARC GuardStart Program! Participants will also learn the basics of swim instructing and help Water Safety Instructors during our Mill Valley Swim School program! You will receive interactive ARC manuals, CDRoms and all necessary materials. Campers need to arrive in swim suit, bring a change of clothes, lunch, water bottle, tennis shoes, towel and any snacks. This is a certification course. Fee includes \$37 material fee collected by ARC.

Age	Day	Dates	Time	Fee	Course #
11-14	M-F	6/23-7/3*	8:45a-3:30p	\$311	29677
11-14	M-F	7/7-7/18	8:45a-3:30p	\$346	29678
11-14	M-F	7/21-8/1	8:45a-3:30p	\$346	29679
11_14	M-F	8/4-8/15	8·45a-3·30n	\$346	29680

Location: Community Center, Forest Room

*No class 7/4

NEW! My Stage - Rock Camp For Girls

This camp is specifically geared towards girls going into Grades 4-7 (Fall 2013) who want to learn to rock. Campers will learn to play simple pop and rock songs and perform at the end of the week. Some musical experience is helpful, but is not a requirement – girls will learn to play parts at whatever level of musicianship they bring with them. End of camp performance for family and friends late Friday afternoon.

Instructor: TBA, 5 classes

Age	Day	Dates	Time	Fee	Course #
8-13	M-F	6/23-6/27	10am-3pm	\$551	29797

Location: Ring Mtn School, Multi Purpose Rm

NEW! Camp Rockit!

This is a rocking music performance camp for beginning musicians going into Grades 5-8 who have some previous instruction. Six months of lessons on an instrument is recommended. Activities include trying different instruments, playing easy songs, songwriting, singing, jamming and other musical games! Drum circles help kids get in the groove, singing teaches ear-training and performance skills, and basic keyboard and guitar classes get everyone playing in a band. End of camp performance for family and friends late Friday afternoon.

Instructor: TBA TBA, 5 classes

Age	Day	Dates	Time	Fee	Course #			
10-14	M-F	7/14-7/18	10a-3p	\$551	29798			
Location: Ring Mtn School, Multi Purpose Rm								

NEW! Rock Academy

This is a rocking music performance camp for intermediate musicians going into Grades 8 - 11 who have significant previous instruction. One year of lessons on an instrument is recommended. Repertoire is selected by the group, which rehearses every day. A typical day includes group lessons in the morning, a lunchtime jam with staff, and band rehearsals in the afternoon. End of camp performance for family and friends late Friday afternoon.

Instructor: TBA, 5 classes

Age	Day	Dates	Time	Fee	Course #		
14-17	M-F	8/4-8/8	10a-3p	\$551	29799		
Location: Ring Mtn School, Multi Purpose Rm							



CPR

This 3-hour American Safety & Health Institute course includes adult, child & infant CPR, plus choke-saving. A certificate of completion will be provided to all students upon completion of the class. CPR cards provided following administrative processing. Pre-registration required. (This class is not sufficient for health care professionals or continuing education credits.)

Instructor: Carole Gathman, 1 class

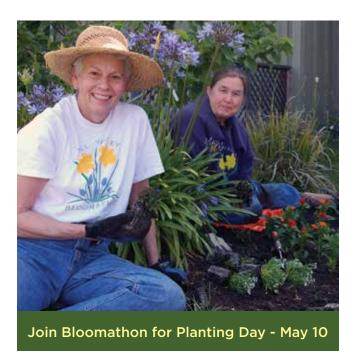
Age	Day	Dates	Time	Fee	Course #
13+	Th	3/20	6-9pm	\$84	30265
13+	Th	5/15	6-9pm	\$84	30076
13+	Th	7/17	6-9pm	\$84	30267

Location: Community Center, Terrace Lounge

See Aquatics & Fitness page 69 for Red Cross Courses



WATER SAFETY INSTRUCTOR (WSI)
LIFEGUARD TRAINING
LIFEGUARD INSTRUCTOR TRAINING
AND MORE...



Source Qigong: Cultivating the Qi for Health

In this class, we will practice the spiral training exercises from taiji and twelve different qigong exercises to improve energy, immunity and clarity. Qigong, pronounced chee gung, combines a focus on breath, visualization and the qi or life energy. Qigong is a Chinese word that means energy exercise. Qi refers to the life energy of all living things. The exercises are done while standing and are mostly circular movements, using the whole body. We will also practice some static standing postures that are designed to cultivate the qi energy. Suitable for all ages, the practice of qigong and spiral training is very relaxing and effective to build inner strength. Wear comfortable clothing and flat shoes. Raymond Himmel L.Ac, OMD has practiced Oriental Medicine and Chinese health exercises for more than 35 years.

Instructor: Raymond Himmel, 12 classes

Age	Day	Dates	Time	Fee*	Course #
16+	W	3/12-6/4	9-10:15am	\$181	30059

Location: Community Center, Mountain View Room

No class 4/16 *Drop-in: \$21

awareness

Meditation Made Easy

Meditation to music? Yes! Learn the skills and joys of meditation while listening to soothing music. Relax and let your mind focus on the melody for 20 minutes, then flow into one of Gail's guided visualizations and you have the keys to a wonderful, simple approach to meditation. An ideal way to take a time out from a hectic schedule to heighten awareness, reduce stress and tension and provide you with a wonderful daily energy boost. Meditation works great in groups and by yourself at home - so treat yourself to a moment of balance and tranquility. This is an ongoing group and drop-ins are always welcome. Instructor donates her fee to the MVCC scholarhip fund.

Instructor: Gail Consulter, 6 classes

Age	Day	Dates	Time	Fee	Course #
13+	М	2/10-3/31	7-8pm	\$37	28555
13+	M	4/7-5/12	7-8pm	\$37	30071
13+	M	5/19-6/30	7-8pm	\$37	30072
13+	М	7/7-8/11	7-8pm	\$37	30073

Location: Community Center, Tamalpais Room No class 5/26

Folk/Pop Guitar Beginning

Learn to play the guitar! Absolute beginners are welcome. You will learn the fundamentals of playing folk, rock, blues and Jazz. Fee includes a method book. *Guitar Classes are held at the Eric Schoenberg 106 Main Street, Tiburon.

Instructor: Joe Miller, 6 classes

Age	Day	Dates	Time	Fee	Course #
13+	М	3/31-5/5	8:05-9:05pm	\$126	30278

Location: Eric Schoenberg Guitar Studio

NEW! Adult Guitar I

This group class is for adult beginning guitarists with little or no experience on the instrument. Students will learn open chords, power chords, movable chords, single note (melody) playing, accompaniment techniques, and a variety of playing techniques and styles. The class also introduces music fundamentals, music theory, songs, performances, listening, improvising, as well as an overview of standard music notation and guitar tablature. In addition, students will be encouraged to attend performances and participate in ensemble performances. Students should bring their favorite acoustic guitar.

Instructor: TBA, 10 classes

Age	Day	Dates	Time	Fee	Course #
18+	M	3/10-5/19	6:30-7:30pm	\$251	29795
18+	М	6/9-8/11	6·30-7·30pm	\$251	29833

Location: Community Center, Mountain View Room Students should bring their favorite acoustic guitar. No Class on 4/14

NEW! Blues Guitar II

Blues Guitar Class focuses on the 12-bar blues harmony, basic rhythm, picking, and strumming technique, as well as the pentatonic and blues scales. You'll learn to incorporate some of the nuances of the masters into your playing - from doubling the bass over a shuffle in the style of Buddy Guy, to combining major and minor pentatonic scales in the style of B.B. King and T-Bone Walker. Whether you're trying to achieve a traditional blues sound, or add more depth and feel to any style of music, as Keith Richards said, If you don't know the blues... there's no point in picking up the guitar and playing rock and roll or any other form of popular music. Students should bring their favorite acoustic guitar. *Instructor: TBA, 10 classes*

Age	Day	Dates	Time	Fee	Course #
18+	M	3/10-5/19	7:30-8:30pm	\$251	29796
18+	M	6/9-8/11	7:30-8:30pm	\$251	29834

Location: Community Center, Mountain View Room Students should bring their favorite acoustic guitar. No Class on 4/14

NEW! How to Use Your iPad/iPhone

If you are the proud owner of an IPhone or IPad, but are not quite sure how to use it, this class is for you! In this personalized course, you'll learn to make phone calls, send e-mails and texts, download music, and add applications. Geared towards those who are new to the smart phone/ wireless device world, each session provides one-on-one help and comes with instructional handouts so you can practice at home. Don't let that amazing technology sit in its box any longer! Please bring any passwords for your e-mail or Facebook accounts with you to class.

Instructor: Technology 4 Life, 2 classes

Age	Day	Dates	Time	Fee	Course #
18+	F	3/7-3/14	10am-12pm	\$66	30299

Location: Community Center, Terrace Lounge

iPad/iPhone Applications

You've learned the basics and now want to find out the apps the cool kids are using. There are apps for everything. In this workshop, we will highlight the most popular, fun and useful apps to get the most out of your i-device. Prerequisite: How to us iPad/iPhone (or experience)

Instructor: Technology 4 Life, 2 classes

Age	Day	Dates	Time	Fee	Course #
18+	F	4/4-4/11	10a-12p	\$66	30300

Location: Community Center, Terrace Lounge

Scholarship Program

Our Scholarship program provides access to recreation activities offered by the Mill Valley Recreation Department as well as use of the Aguatics & Fitness Center.

The funds will provide the recipient with funds that can be used 100% all at once or spread out over a one year period. Funding is available to individuals and families of Mill Valley and some areas of Southern and West Marin. Funding is limited. Eligibility requirements apply.

Funding for the scholarship program is comprised of private donations, and \$1 from each recreation program registration.

If you would like more information and a scholarship application form or would like to make a donation to the program contact Mill Valley Recreation 383-1370.

Application is available online at www.millvalleycenter.org

MILL VALLEY GOLF COURSE

Reservations / Pro Shop / Lessons (415)388-9982

280 Buena Vista Ave, Mill Valley Website: www.millvalleycenter.org

The beautiful Mill Valley Municipal Golf Course is truly one of the hidden jewels of Marin County and by far the best golf deals around! This 9-hole par 33 (par 32 for back nine) is hidden amongst 42 acres of hills, creeks and mature redwoods. Call and reserve your tee time one week in advance or just drop in and play. There may be a delay in opening the course due to rain, frost or ice. Closure may only be for a few hours, so call the Pro Shop (if in doubt).

In the Spotlight:

2 for 20? - The course is fast becoming known in Marin and recognized by the NGGA as a "2 for 20" course. What's that? It's "Golf in 2 hours and under 20 bucks" course. Perfect for those extended lunch hours...

Reservation Procedures

Tee times can be reserved by calling, no earlier than one week in advance. Drop-in play welcome. For Tee Time call (415)388-9982.

Fees

Our fees and rates are available online at www.millvalleycenter.org. Fees and rates subject to change

Golf Lessons

Doug Acton (415)388-9982

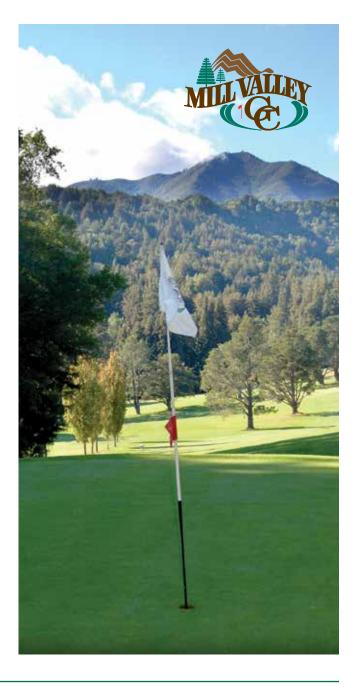
Tournament Information

Doug Acton (415)388-9982

Golf Clubhouse Reservations Seth Allingham (415)383-1370

Contacts for Mill Valley Golf Club

www.mvgolf.com



IMPORTANT SPORTS CONTACT INFO

Boyle Park Tennis Courts 388-6523 Mill Valley Soccer Club 381-KICK

Southern Marin Youth Football www.southernmarinfootball.com

Southern Marin Lacrosse www.smlax.com

Mill Valley Little League 383-4250 CYO Basketball 507-4237

Are the fields open or closed??

Call the hotline for current field conditions: 383-7818.

Remember, fields are closed for 24 hours after measurable rain.

Volkssport

If you like WALKING – You are going to love VOLKSSPORTS!

The Mill Valley Recreation Department is proud to cosponsor two year-round events with the American Volkssport Association and the Vaca Valley Volks. Both events start and finish at the Mill Valley Community Center. One walk, 10 kilometers in length, is through the village of Mill Valley, and the second, 12 kilometers long, is through the town of Sausalito. Maps describing each of these events are available at the front desk of the Fitness Center.

YOUTH ON COURSE

The City of Mill Valley is proud to present Youth on Course, a program sponsored by the Northern California Golf Association (NCGA), designed to encourage junior golf, as well as family golf play locally. YOC offers discounts to numerous courses in Northern California for participating juniors. As an example, an adult can take a YOC member to courses like Harding Park or Bayonet/Black Horse in Monterey with a junior fee well below the normal fare.

As part of the NCGA's YOC program, and in partnership with Mill Valley Recreation and Course Concessionaire Doug Acton, the Mill Valley Junior Club hosts junior tournaments throughout the year, including our annual Parent / Child event and Junior Club Championship. Membership includes the YOC card, membership into the NCGA with a host of benefits (ncga.org), as well as discounted play Mon-Fri for only \$5.00 (a daily savings of \$8-10).

Doug Acton, as a PGA Professional, also provides private lessons to junior and adult players, again with a discount for interested junior golfers. Doug's students range from raw beginner to National champions. For information regarding the Junior Club or private instruction, please call the Golf shop directly at 415-388-9982, or email Doug at doug@pga-personalpro.com www.pga-personalpro.com.

PAR 3 COURSE

In addition, we have completed a special Par 3 course inside our traditional course to encourage play by beginners. This special short course comes complete with proper tee markers, yardage plates and scorecards.





Come and enjoy this local gem, as you build relationships, stay fit and make memories which will last a lifetime!

fore fun!

BOYLE PARK TENNIS COURTS

All adult tennis players utilizing the courts must have a valid tennis pass. Daily, Monthly and Annual are available at the Tennis Pro Shop. Tournament play is restricted by a specific set of guidelines established by the Parks and Recreation Commission. Limited tournament play is occasionally granted by the Parks and Recreation Commission. Notices alerting players to such tournaments will be posted two weeks in advance at the courts. For more information call the Pro Shop, 388-6523 or the Community Center, 383-1370. Mill Valley's Boyle Park tennis pro is Chris Reiff, joined by Frank Van Riggelen. Both men are USPTA pros. They keep regular hours at the Pro Shop and offer a full array of services including racquet stringing, balls, accessories, information about classes, leagues, tournaments and tennis activities.

Boyle Park Tennis Pass Fees

-			
Daily		One Year	
Resident & Non-Res.	\$2	Resident*	\$38
Youth under 18	Free	Non-resident	\$48
		Seniors**	\$22
One Month			
Resident*	\$7	Family Rates (annual	only)
Non-resident	\$9	2 Adults (Res.)	\$60
Seniors**	\$4	2 Adults (Non-res.)	\$80
Six Months			
Resident*	\$21		
Non-resident	\$27		
Seniors**	\$12		

- *To qualify as a resident, you must live within city limits and show proof with a valid driver's license.
- **60 years or older qualifies for senior rate.

Visit the Boyle Park Tennis Website at www.boyleparktennis.com

Looking for tennis partners & match play?

Boyle Park Tennis has programs & events designed to find you a game. Call the pro shop, 388-6523.

Saturday Morning Doubles Tennis

Drop-in Play

8:30-10:30am

This program will include brief doubles instruction followed by match play. Play will be arranged by an informal round robin format. Play is limited to a maximum of 20 players.

Price is \$13 drop-in.

TENNIS

Adults & Youths 15+

Tennis is a great way to stay fit! Classes are offered for all levels of experience. Come brush up on the

basics, learn a new shot, or meet some playing partners.

Instructors: Chris Reiff & Frank Van Riggelen

Morning Schedule

Tuesday & Thursday September - July

Advanced/Intermediate:

9-10 am

Match play drills, doubles strategy and some stroke analysis.

Beg./Int. Stroke Production:

10-11am

Develop the fundamental skills needed for match play. Morning classes run Sept. through June.

Evening Schedule

Tuesday & Thursday March - November

Beginning/Intermediate:

6 to 7pm

Stroke production and introduction to match play.

Advanced:

7 to 8pm

Active drills and advanced match play.

All tennis classes are offered on Tuesdays and Thursdays at the Boyle Park Tennis Courts. Classes are ongoing. You may purchase a class card (no expiration) for \$96 which allows you to participate in 8 classes, or you can purchase classes on a drop-in basis for \$13/class. 5 Evening classes run March through November.

When it's raining, tennis classes are cancelled. If in doubt of class status, call the Pro Shop at 388-6523

SUPPORT THE COURTS!

Join our fundraising efforts to renovate the Boyle Park tennis courts.

To find out how, email: recreate@cityofmillvalley.org or call (415) 383-1370.

AQUATICS SUMMER CAMPS FOR YOUTH

SPLASH CAMP

Join us for this special two weeks of fun with water. Come to camp in your swimsuit and we'll start the day (Mon-Thurs) with a swim lesson. The day will continue with fun themed arts & crafts, sports, games and more. We offer a half day Pre-school Splash Camp for 3-5 year olds and a full day Splash Camp for Kindergarten through 6th graders. Please see pages 26 & 29 for compete information.

Pre-School Splash Camp: June 16- 27 and July 7-25

School Aged Splash Camp: July 7-18, July 21-August 1 and August 4-15

NEW! Camp Kaleidoscope + SPLASHBALL!

Join us for this special session of camp. We'll combine the fun of Camp Kaleidoscope with the excitement of Splashball. Campers will participate in the Kaleidoscope activities and go to the pool from 11am to 12pm (Mon-Thurs) for SPLASHBALL! This camp will introduce kids to the sport of waterpolo in a fun and safe environment. While gaining endurance and swimming skills, learn the basics of the game such as ball handling, shooting, positioning and team work. Each session will include practice drills, a fitness element and scrimmage. This is not a swim lesson & campers swim ability will be accessed on the 1st day of camp. Don't forget to wear your swimsuit to camp under your clothes and bring a towel.

Grade	e Day Dates Time		Time	Fee	Course #	
K-6	M-F	6/23-7/3*	9:30a-4p	\$520	30345	
K-6	M-F	6/23-7/3*	8a-6p	\$540	30346	

Location: Community Center, Mountain View Room Camp Trip: Fri. 6/27, Old Mill Park

*No camp 7/4. Come to camp in your swimsuit.

Junior Lifesaver Academy

Learn how to become an extreme Red Cross hero! This day camp is an action packed adventure where you will learn skills that can help save lives. In addition to practicing your skills and developing a diverse lifesaving background, camp will be filled with fun, such as arts & crafts, sports and games! At the end of 2 weeks you will be certified through the ARC in Basic First Aid, CPR for Adults, Children & Infants and Babysitters Training. You will also experience the high energy and fun ARC GuardStart Program! Participants will also learn the basics of swim instructing and help Water Safety Instructors during our Mill Valley Swim School program! You will receive interactive ARC manuals, CDRoms and all necessary materials. Campers need to arrive in swim suit, bring a change of clothes, lunch, water bottle, tennis shoes, towel and any snacks.

This is a certification course. Fee includes \$37 material fee collected by ARC.

Age	Day	Dates	Time	Fee	Course #
11-14	M-F	6/23-7/3*	8:45a-3:30p	\$311	29677
11-14	M-F	7/7-7/18	8:45a-3:30p	\$346	29678
11-14	M-F	7/21-8/1	8:45a-3:30p	\$346	29679
11-14	M-F	8/4-8/15	8:45a-3:30p	\$346	29680

Location: Aquatics/Fitness Center

*No class 7/4



summer time!

INFO FITNESS KIDZWATCH AQUATICS SCHEDULES SWIM LESSONS

AMERICAN RED CROSS COURSES

Cancellation & Refund Policy for all ARC Classes: Patron requested refunds/credits must be requested no later than 7 days prior to the program's start date. No refunds/credits will be given if requested after the 7-day deadline. No refunds/credits if student does not pass the course. No Exceptions.

Lifeguard Training Course

This course teaches participants how to prevent, prepare for and respond to emergencies in, on and around the water. Students who complete this course successfully will be certified in American Red Cross Lifeguard Training/First Aid and CPR/AED for Lifeguards (valid 2 years). NO job guarantee comes with certification. Participants must be 15 years of age by last class meeting. Pre-requisite Swimming Test: Swim 300 yards using a combination of breaststroke and front crawl (freestyle), submerge 7 to 12 feet for a 10lb diving brick and swim with diving brick for 20 yards.

Ses.	Age	Day	Dates	Time	Fee	Course #
1	15+	Su	2/23-3/16	9a-4:30p	\$198	28336
2	15+	M-F	4/14-4/18	9:30a-3p	\$198	28337
3	15+	Sa	4/26-5/17	9a-5p	\$198	29743
4	15+	F-M	5/23-5/26	3:30-5pm	\$198	29746
5	15+	Su	6/8-6/29	9a-5p	\$198	29745
6	15+	Su	7/13-8/3	9a-5p	\$198	29747

Location: Aquatics/Fitness Center

WSI Training

No job guarantee comes with certification. Certification courses are sanctioned by the American Red Cross. Learn to organize and conduct classes and to safely teach all levels of swimming skills. Successful completion of this course certifies participants to teach the American Red Cross Learn-to-Swim program and Basic Water Rescue Course. Prerequsites: At least 16 years of age before the final day of the course. Demonstrate swimming ability at an American Red Cross 'Learn-to-Swim Level 4 ability level.

Ses.	Age	Day	Dates	Time	Fee	Course #
1	16+	M-F	4/14-4/18	8:30a-2:30p	\$230	28341
2	16+	Tu/Th/Sa	7/15-7/26	8:30a-2:30p	\$235	29751

Location: Aquatics/Fitness Center

Lifeguard Review Training Course - Includes CPR/AED

This is a review and re-certification course for Individuals with a current Lifeguarding/First Aid/CPR/AED certificate that is about to expire. The purpose of a review course is to give individuals the opportunity to review the course content within a formal course setting. You must successfully take both the written and practical tests to receive certification. Must bring whistle and resuscitation mask to class or purchase on site for additional fee. Course fee includes ARC \$35 cert fee.

Ses.	Age	Day	Dates	Time	Fee	Course #
1	17+	Su	3/9-3/16	9a-4:30p	\$126	28339
2	17+	Th-F	4/17-4/18	9:30a-3:30p	\$126	28340
3	17+	Sa	5/17-5/24	9a-5p	\$126	29744
4	17+	Su-M	5/25-5/26	9a-5p	\$126	29749
5	17+	Su	6/22-6/29	9a-5p	\$126	29748
6	17+	Su	7/27-8/3	9a-5p	\$126	29750

Location: Aquatics/Fitness Center



For more information, contact the Aquatics
Department at 415-383-1370 or email
scortes@cityofmillvalley.org

rescue

INFO FITNESS KIDZWATCH AQUATICS SCHEDULES SWIM LESSONS

Mill Valley Recreation Registration Form

		Adult/Guardian Infor	dian Information (Please Print)			:
Main Contact:			2nd Adult Name:			Mail to:
Home:	Work:	Cell:	Home:	Work:	Cell:	180 Camino Alto
Address:			Address:			94941
City, State, Zip:			City, State, Zip:			Fax to: (415) 383-1377
Email:			Email:			(2)

					_
Fee					
Course #				n Amount:	Total Fees:
2nd Choice Class Title / Dates				Scholarship Fund Donation Amount:	
Course #					
1st Choice Class Title / Dates					
Male/ Female					
Birthdate Male/ (under 18) Female				pagu	
Participant Name				☐ My Address/Info has recently changed	

Be sure to read and sign below: I hereby agree to indemnify and hold harmless the City of Mill Valley and its officers and employees from and against any and all liabilities for any injury which may be suffered by me or by my child arising out of or in any way connected with participation in the program noted above. In case of emergency, my child maybe treated by a qualified physician. I give permission to use mine or my child's photograph in Mill Valley Recreation brochures or publicity.

	REFUND POLICY	PLEASE READ BEFORE SIGNING.
Signature: Date:	Must sign to register.	☐ Please check here if you require special assistance to maximize your participation. You will be contacted.

You can register 24/7 at www.MillValleyCenter.org

	V-Code:
	Exp. Date:
Cardholder Name (as it appears on card):	Credit Card #:
o MasterCard	o Discover o Amex
o Cash	Payable to MVPR
PAY BY:	

Office Use Only	Fee Paid	Registrar	Date Processed	COA	Cash	Check #	Credit Card	Mill Valley Recreation Phone: (415) 383-1370