Mill Valley
Community Center

City of Mill Valley
Parks and Recreation Department Invites
Applications For:

Group Fitness/Aerobics Instructor

At the Mill Valley Aquatics & Fitness Center
Range of $38.33 - $46.55 per hour
Note: Instructors are employees
of the City of Mill Valley

DEFINITION: Under general supervision, the Group Fitness Instructor is responsible for presenting a positive and competent image of Mill Valley Parks and Recreation through quality fitness programs designed to meet the needs of the community. Part-time; flexible to meet requirements of the position including some evenings; weekend and holiday work may be required. Perform related work as required.

COURSES DESIRED: The City of Mill Valley runs an extensive Group Exercise Program for pass holders and drop in clients of all ages and abilities. Specifically, we are looking for aerobics instructors who can teach Cardio, Body Sculpt, Spin and Step.

Current Open Classes Are:
Mon 8:30am – Step
Mon 9:30am – Body Sculpt
Tues 8:30am – Cardio Interval
Wed 8:45am – Spin
Thurs 8:30am – Cardio Interval
Thurs 9:30am – Body Sculpt
Fri 8:45am – Spin
Sat 8:30am – Step
Sat 9:30am – Body Sculpt

On your application please indicate which classes you are eligible to teach. **If you are interested in offering a new course that is currently not offered, please indicate what that is and provide a brief description**. Please also indicate what class days and times you would be available to teach.

EXAMPLES OF DUTIES:

- Ensuring that participant's needs are met through personal recognition and by providing quality service and group fitness classes.
- Provide corrective feedback and proper technique.
- Maintain certain class records and reports as required.
- The ability to speak English clearly and understandably.
- Deal tactfully and courteously with the public.
- Establish and maintain effective working relationships with other city employees, other agencies and the general public.
- Assuming a leadership role as a professional in the area of exercise and aerobics.
- Ensuring that a safe and healthy environment exists for exercising.

TRAINING & EXPERIENCE: Must possess current Group Fitness certification in specified coursework or equivalent training and/or experience, and CPR/First Aid. (Copy of CPR/First Aid cert must be provided and maintained during employment)

PHYSICAL REQUIREMENTS: Must be able to lift 50 lbs. and react quickly to emergencies.

EQUAL OPPORTUNITY EMPLOYER: The City of Mill Valley is committed to a comprehensive affirmative action employment program and actively seeks applications from both sexes, ethnic minorities, and individuals with disabilities, US Veterans and qualified persons of all ages. If you would like to arrange for accommodations in order to participate in the hiring process, we encourage you to contact Kat Reisinger at (415) 383-1370.

FILING INSTRUCTIONS

Application forms may be obtained from the Parks and Recreation Department (415) 383-1370 or from our web site at **www.millvalleycenter.org** Applications must be filled out completely and may be returned by mail, fax, or drop-off. Please include copies of all certifications.

Mail: Parks and Recreation Department, 180 Camino Alto, Mill Valley, CA 94941
Fax: 415-383-1377, Mill Valley Community Center Attn: Fitness Recreation Supervisor
Drop-Off: Mill Valley Community Center, 180 Camino Alto, Mill Valley 94941, Attn: Aquatics & Fitness Recreation Supervisor

Candidates receiving a conditional job offer must pass a pre-employment Department of Justice fingerprint background review.

Questions regarding the position should be directed to the Aquatics & Fitness Supervisor at (415) 383-1370.